

# **THE NEW MATERIA MEDICA**

## **Key Remedies for the Future of Homoeopathy**

By Colin Griffith, MCH, RSHom.

Review by Louise Mclean

This book was published in 2007 and deserves lots of coverage and further reviews. It was written by homeopath Colin Griffith who is a founder member of the Guild of Homeopaths. The Guild set up meditative provings of as many as 90 remedies during the 1990s. These provings were originally published in the Guild's 6 monthly journal, *Prometheus*. I personally subscribed to the journal and can vouch for the excellent quality of information covered. I also used many of the very effective new remedies that were published.

*The New Materia Medica* is a beautifully written book and includes a detailed account of 36 of the new remedies including Amethyst, Ayahuasca, Berlin Wall, Black Obsidian, Clay, Emerald, Cooper Beech, Holly, Latrodectus Mactans (Black Widow Spider), Earthworm, Lotus, Moldavite, Oak, Rainbow, Rose Quartz, Ruby and Thymus Gland. These remedies are invaluable for the homeopathic practitioner's dispensary and use.

This is especially true nowadays where practitioners are seeing complicated and intractable illness as a number of the 'new remedies' are also very useful for detoxification.

The first part of the book deals with the protocol of how the remedies were made as well as the meditative provings. It includes a detailed chapter of explanation about the chakras of the body which also relates them to miasm and other more established remedies.

The second part makes up the bulk of the book describing the 36 remedies. Each one consists of the following sections: background, keynote effects, general symptoms, mental and emotional symptoms, physical symptoms, considerations for the use of the remedy, esoteric therapeutics and associated chakras. All include a number of case studies at the end clarifying the indications for its use.

This is a fascinating 'must have' book to add to the collection of materia medica in your library. It may just contain that all important remedy you have been searching for but missed, for those unsolved cases!