



NATIONAL HEALTH FEDERATION

A NOT-FOR-PROFIT HEALTH-FREEDOM ORGANIZATION

PRESS RELEASE

WORLD'S OLDEST HEALTH-FREEDOM GROUP LAUNCHES FULL-TIME OPERATIONS IN THE U.K.

March 9, 2009

On March 17, 2009, in Cardiff, Wales, the National Health Federation – the World's oldest health-freedom organization for consumers – begins a new chapter in its existence with the launch of its NHF-UK branch. With members in some 17 different countries, including the United Kingdom, the NHF has long had a member presence in the UK. However, with the launch of the NHF-UK, its activities in Great Britain will have a continuous UK presence with a focus on those health-freedom issues important to the British people – such as maintaining and expanding traditional health rights while protecting against unnecessary and dangerous fluoridation, vaccinations, GMO-contaminated foods, and Codex and EU bureaucratic over-regulation and strangulation of health freedoms.

Glenda M Davies, NHF-UK's Executive Director, said, 'Health freedom has always been important as a way of ensuring that individuals have unhindered access to those many different healthcare treatments, whether conventional or alternative, that such individuals wish to use for themselves and their families. Unfortunately, we have seen a steady erosion of our right to choose and, with it, an erosion of control over our own bodies and healthcare decisions. With the launch of NHF-UK, we begin a concerted effort of many voices joined together to stop and reverse this erosion of our rights.'

Ian R Crane, author, researcher and lecturer, and the 'midwife' for the birth of NHF-UK says, "The formal constitution of the NHF-UK presents a tremendous opportunity for supporting and promoting the various individuals and groups throughout the UK, who are committed to challenging the Bio-Tech and Agri-business agenda; i.e. to

effectively eliminate organic farming and marginalise the Complementary and Alternative Health industry.”

Scott C Tips, the NHF President, commented that, “*This is a very important step for the National Health Federation and for health freedom – both in Britain and elsewhere in the World. For far too long we have seen our health-freedom rights trampled upon with disdain and ease. Bureaucrats and Members of Parliament alike have little comprehension and appreciation of the well-established fact that the best health for a population comes from freedom and not from the blind, heavy-handed, dead-weight of numerous ‘protective’ rules and regulations, most of which are imposed upon us by unelected and therefore unaccountable bureaucrats with little knowledge of how the real world works. By joining our health-freedom voices together here in Britain, we can reassert our health-freedom rights and thus our health.*”

Join the NHF-UK by contacting

Glenda Davies at glenda@thenhf.co.uk or at contact-us@thenhf.com.

Established in 1955, the National Health Federation is an international consumer-education, health-freedom organization working to protect individuals' rights to choose to consume healthy food, take supplements, and use alternative therapies without needless government restrictions. With consumer members all over the World, and a Board of Governors and Advisory Board containing representatives from 7 different countries, the Federation is unique as being the only consumer health-freedom organization in the World to enjoy official observer status (able to speak out for health freedom) at meetings of the Codex Alimentarius Commission, the highest international body on food standards.

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